



## QUIZ:

### DO YOU NEED AN EXECUTIVE COACH?

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|-----------|---|-----------|--|
| YES or NO | 1. I'm really visible in the organization and people are watching closely to see how I perform. | YES or NO | 6. I've recently taken on major new tasks and I could use some help in sorting things out.   |
| YES or NO | 2. Occasionally I wish I had someone who understand what I am facing and in whom I can confide. | YES or NO | 7. People who know me well occasionally say that I have some blind spots, but I'm not certain what they are, or how to address them. |
| YES or NO | 3. My relationships with colleagues are sometimes strained.                                     | YES or NO | 8. I have questions or concerns about how to handle situation that I can't discuss with others in my organization.                   |
| YES or NO | 4. My relationships with direct reports are sometimes strained.                                 | YES or NO | 9. Our Company is facing new challenges that are outside my area of expertise and I'm sure where to go for ideas and information.    |
| YES or NO | 5. From time to time I've been told that I don't listen well.                                   | YES or NO | 10. I'd like to become a more effective communicator.  |

**ANSWER:** If seven out of ten of these statements apply to you, then you should at least explore finding an executive coach. Coaching is a “word of mouth” profession where you have to be particular to find a quality person whose style matches yours. If you want to explore how you or your executive team can be coached to success call us.